

♥ HAPPY Valentine's DAY ♥

Welcome to the month of love! Did you know we've been celebrating this romantic holiday since the 14th Century? Happy Valentine's Day to all!

Just as a reminder during these winter months, if the Triad School District is closed due to weather, The Center will be closed as well! Stay home and be safe!

Just a quick review of the goings on scheduled for February:

♥ **NEW THIS MONTH!** Our "Sit N Get Fit Class" will begin Feb. 1st at 10 AM at the White House at 409 Collinsville Rd here in Troy. The class will be held every Wed. of the month. We'll do a 30-minute, easy stretch and move session designed to build strength and increase range of motion. **RSVP IS REQUIRED!**

♥ Bingo continues every Monday at 12:30 at the Wiesemeyer Building. We'll have a light snack and there is no cost to play, and no RSVP required. **NO BINGO** on the 20th for Presidents Day, **NO BINGO** on the 27th due to the Blood Drive.

♥ Our Monthly Luncheon is on Feb. 2nd at NOON. We have Elizabeth LaKamp entertaining with Mostaccioli and garlic bread from the 4-0 along with Carol's fabulous salad and Shirley's dessert for lunch! \$10 at the door. RSVP is required! **Please call ASAP as we are getting short on time!**

♥ Pokeno will be held on Feb. 15th at 12 noon at Wiesemeyer, we'll serve a light snack and again there is no cost to play. No RSVP required. Thanks to Flinn Engineering for sponsoring last month! St. Jacob Automotive is sponsoring this month.

♥ Come on out and join Shirley and the gang for the Drum Fun Class on Fridays at 9 am at the Skating Rink! Such a hoot and great exercise too! Free! No RSVP required!

♥ Thanks to all who came out to DQ for our fundraiser last month! Thanks to Lisa at DQ for supporting the center! We appreciate your generosity!

♥ We have a few day trips scheduled for a little later in the year! Be on the lookout for more info to come! Don't forget our Florida trip to Amelia Island, St. Augustine, Jacksonville April 23-29. Please call me at the center at 618.667.2022 or Carol Milatti @ 618.363.4591 for more information.

My hours are generally Mon. Wed. Thurs from 9 am till 2 pm. Please know, if I am in the office at the "house" my door is always open! If not at the "house" look for me at the Wiesemeyer building. You can always leave a message at 618.667.2022 and I'll get back with you as quick as I can!

Wanda Todoroff Activity Director ♥♥♥♥♥ *618.667.2022*