



Greetings friends and neighbors! Welcome to our May Newsletter! Please pay special attention to the time and location of this month's events! We'll be moving around a bit until renovations are complete at the Wiesemeyer Building. Locations and times are noted on your calendars as well. Happy Mother's Day to all the Mom's!

- ✿ **Note: OUR DRUM FUN class will resume on Friday's at 9 AM at the Skating Rink at 284 Riggin Rd. May 5th is the first class. Lisa Edwards has graciously agreed to take the class until Shirley can return. Thank you so much Lisa!**
- ✿ **Our next Monthly Luncheon is on May 4th at NOON at the Skating Rink at 284 Riggin Rd. Troy. PLEASE NOTE NEW LOCATION!!** We have Vince Kwiatkowski entertaining us with classic 50's and 60's hits. Lunch will be a ham and cheese hoagie with lettuce and tomato, potato salad, fresh fruit, and dessert. \$10 at the door. RSVP is required!
- ✿ **Our Alton Little Theater trip to see the "Ding Dong" comedy is quickly approaching. If you have signed up for this trip, please meet at the Little House at 409 Collinsville Rd here in Troy by 12:45 PM. on May 14th, the bus leaves promptly at 1 PM.**
- ✿ **Our "Sit n Get Fit Class" continues every Wed. at 10 AM at the Little House at 409 Collinsville Rd here in Troy. We'll do a 30-minute, easy stretch and move session designed to build strength and increase range of motion. We've added resistance bands to our routine, come try it out! No cost to attend. Space is limited so please RSVP!**
- ✿ **Bingo continues every Monday at 12:30 at the Skating Rink at 284 Riggin Rd. Troy!! PLEASE NOTE NEW LOCATION!!** We'll have a light snack and there is no cost to play, and no RSVP required. Dessert on May 8th will



be provided by Cedarhurst of Troy. Thanks Karen!

- ✿ **Pokeno will be held on May 24th at 12:30 at the Skating Rink, 284 Riggin Rd. Troy. PLEASE NOTE NEW TIME AND LOCATION!!** We'll serve a light snack, and again there is no cost to play. No RSVP required. Our sponsor is Auto Xtreme Collision this month. Cambridge House has agreed to provide snacks for the year! THANK YOU TO



ANGIE at CAMBRIDGE HOUSE IN MARYVILLE!

My hours are generally Mon. Wed. Thurs. from 9 am till 2 pm. Please know, if I am in the office at the "house" my door is always open! If not at the "house" look for me at the Wiesemeyer building or the Skating Rink. You can always leave a message at 618.667.2022 and I'll get back with you as quick as I can!

Wanda Todoroff Activity Director 618.667.2022