



Welcome to our December Newsletter! Wishing everyone a happy holiday filled with good friends, close family and fond memories of Christmas past! Thank you for sharing another fun year with us! We are fortunate to call each of you a friend! You make our world go round! Merriest Holidays to all!

Join us when you can, and don't forget to invite friends!



Our next Monthly Luncheon is December 4th at NOON at Wiesemeyer. We will be serving fried chicken courtesy of Linda Manley from Edward Jones, THANK YOU LINDA! We'll also have mashed potatoes, green bean casserole, and Silly Grandma Christmas cookies donated by our friend Dona Racich! THANK YOU, DONA! \$10 at the door. **RSVP IS VERY IMPORTANT!** If you RSVP'd and can no longer make it, PLEASE call the center at 618.667.2022 and let us know! Many Thanks!



Our Christmas gift to the community this year will go to **Sleep in Heavenly Peace**. This organization collects building materials, and bedding for children who would otherwise be sleeping on the floor, or crowded in with other family members. They believe every child deserves their own bed for proper physical, emotional, and mental health, and so do we! **During December**, we will be collecting monetary donations of any amount, or **NEW twin size** sheets, blankets, plastic mattress covers, and pillows. **Checks are payable to SHP, a not-for-profit organization**. No one should feel they must donate, and any donation stays here in the community. Thank you! We will deliver the donations in early January. You can learn more about Sleep in Heavenly Peace here; <https://shpbeds.org>



THANK YOU to all who donated to our Sweats for Vets collection during the month of November. Your generosity has been incredible! We have collected approx. \$1500 in new sweat shirts and pants for veterans in need. We will deliver to Jefferson Barracks on Dec. 2nd.



THANK YOU to all who came out for our DQ fundraiser. We raised over \$555 for the center! Troy people you are amazing! Thank you from the bottom of our hearts!



Drum Fun continues every Friday at 9 AM! Lisa Edwards leads the group, and it's more fun than ever! Free to participate. **No Drum Fun the day after Christmas.** No talent needed! 😊! Thank you, Lisa! Drummers unite!



Bingo continues every Monday at 12:30 at Wiesemeyer. We'll have a light snack and there is no cost to play, and no RSVP required.



We play Hand and Foot the second and third Thursdays of the month. In December we'll play on the 11th and the 18th from 12:45 - 3:30 pm at the office building. No experience needed! Free to play. Come one come all!



Our Sit n Get Fit Class meets every Wednesday at 10 AM at the Wiesemeyer building. This class improves strength and flexibility, all in a fun inviting setting! We even exercise to the Beer Barrel Polka! Bring a friend for this seated exercise class! Weights, exercise bands and water are provided. **THIS CLASS IS FREE!** No RSVP required.



Pokeno is Wed. December 17th at 12:30 at Wiesemeyer. We'll serve a light snack, and there is no cost to play. No RSVP required. You do not need to know how to play. Cambridge House of Maryville has provided snacks for the all of 2025! **THANK YOU TO ANGIE!**



NO FOOD and FRIENDS this month due to the New Years Eve holiday! See you at Shogun on January 28th.



NO BUNCO IN DECEMBER due to the holidays! BUNCO is played the last Thursday of the month at Wiesemeyer, our next game is January 29th at 1 PM at Wiesemeyer. (Can you believe it?) Seats are currently full; however, we are looking for additional subs. Please call the center to get on the waiting or sub list. 618.667.2022



Our Next Day Trip

Sunday December 7th 2025 - Effingham Performance Center to see Lonestar and Collin Raye's Christmas show. We will have lunch at Niemerg's Steak House in Effingham. The bus departs at 3:30 pm from the #10 pavilion in the Tri-Township Park. This trip is at capacity, call to be placed on the waiting list.



I'm working on our 2026 calendar of fun! Day Trips 2026 will be planned soon. I'm planning our monthly entertainment, and looking for Live and Learn ideas. If you know of something you would like to learn more about, please let me know. Looking forward to sharing more fun with you in 2026!

If you have suggestions for Live and Learns, new entertainment, or day trip ideas, please let me know! As always, my hours are generally Mon. Wed. Thurs. from 9 am till 2 pm. Please know, if I am in the office, my door is always open! If not at the office you can always leave a message at 618.667.2022 and I will get back with you as quick as I can!

Wanda Todoroff Activity Director 618.667.2022

