




FEBRUARY


Welcome to our February 2025 Newsletter! Here you will learn more about all that's happening at the center during the month of February and beyond! ! Please note, the center will be closed on the 17th due to Presidents Day. Join us when you can, and don't forget to invite friends! Happy Valentines Day!


Thanks as always for making our center a fun place to be! YOU make the difference!

 **DONATION DRIVE!** It's that time of year again! Your donations are what make the difference at the Troy Senior Center! We are able to offer FREE quality events and reduced cost day and overnight trips because of you! In the past we have accepted annual dues. We now request an annual donation to help support the center. The suggested donation is \$10 per person for the year. Donations can be made by check or cash. Checks are payable to JTSC. Donations can be mailed or dropped off at the center at 409 Collinsville Rd. here in Troy. Hours are generallyly Mon. Wed. Thurs. 9 am till 2 PM. No one should feel obligated to donate! All donations, small or large are appreciated! Thank you for helping all seniors live their best lives! Call the center with questions! 618.667.2022

 Our next Monthly Luncheon is February 6th at NOON at Wiesemeyer. We have THE NITPICKERS entertaining! We're serving chicken and dumplings, green beans and bacon, peaches, a dinner roll, and dessert. \$10 at the door. **RSVP IS VERY IMPORTANT!** If you RSVP'd and can no longer make it, PLEASE call the center at 618.667.2022, and let us know! Many Thanks!

 Tickets go on sale Feb. 12th at 10 AM for our All About Lincoln trip to Springfield. \$75 for the day, all inclusive! We'll see the Lincoln Home, the Presidential Museum, the State Capitol, and Lincoln's tomb. Lunch will be at Golden Corral in Springfield. We'll enjoy a step on guide with this trip too! 31 seats available, no refunds. Call the center to RSVP. Checks made payable to JTSC.

 Drum Fun is on Friday's at 9 AM through the colder months. Class is held at the Skating Rink here in Troy. Lisa Edwards is our leader!! Thank you, Lisa! Bring a friend! ALL ARE WELCOME! This seated session is perfect for music lovers who want to have a good laugh and improve and maintain upper body strength and mobility. This class is FREE! NO RSVP required! Join us!

 No Bingo on the 17th due to Presidents Day, otherwise, Bingo continues every Monday at 12:30 at Wiesemeyer. We'll have a light snack and there is no cost to play, and no RSVP required.

♥ Our Hand and Foot card game is back and more popular than ever! We play the second and third Thursdays of the month. In February we will play on the 13th and 20th from 1 – 3 pm at the Wiesemeyer building. No experience needed! Free to play.

♥ “Sit n Get Fit” Class meets every Wednesday at 10 AM at the office (house). This class improves strength and flexibility, all in a fun inviting setting! Bring a friend for this seated exercise class! Weights, exercise bands and water are provided. **THIS CLASS IS FREE!** Please RSVP to the office at 618.667.2022. If you forget to RSVP, come anyway, we’ll make it work!

♥ Pokeno is Wed. February 19th at 12:30 at Wiesemeyer. We’ll serve a light snack, and there is no cost to play. No RSVP required. Home Instead Senior Care is sponsoring this game. Thank you Home Instead! Cambridge House will be providing snacks for all of 2025! **THANK YOU TO ANGIE at CAMBRIDGE HOUSE IN MARYVILLE!**

♥ Our Food and Friends group will get together Wednesday the 26th at 4 PM. location to be announced after the January dinner. Separate checks as always, bring a friend, and we’ll share all the news that is news! RSVP is a must!! Call the center at 628.667.2022 to RSVP.

♥ BUNCO is on February 27th at 1 PM at the office (house). Seats are currently full, call the center to get on the waiting or sub list. 618.667.2022

Day Trips 2025

March 12th – All About Springfield Illinois!

May – Bellefontaine Cemetery, in STL. Coolest cemetery around! Lots of famous people buried there, and a beautiful arboretum to boot!

August – Maybe a Shawnee Wine Trail Day?

October – Stages, to see Carol King’s musical, “Beautiful.”

December 2025 – Wildey Theater to see White Christmas.

I’m working hard on our 2025 calendar! If you have suggestions for Live and Learns, new entertainment, or day trip ideas, please let me know! As always, my hours are generally Mon. Wed. Thurs. from 9 am till 2 pm. Please know, if I am in the office at the “house” my door is always open! If not at the “house” you can always leave a message at 618.667.2022 and I will get back with you as quick as I can!

Wanda Todoroff Activity Director 618.667.2022 ♥♥♥