



Welcome to our July Newsletter! As we celebrate America's 250th anniversary let's take a moment to remember the sacrifices made by those who fought to truly make us, the "Land of the Free". Lots of fun during the month of July! Please take a moment to look over the newsletter and join us for anything that might interest you. All are welcome, so bring a friend! You make our world go round!

 Our next Monthly Luncheon is July 2nd at NOON at Wiesemeyer. \$10 at the door. We are serving, fried chicken, potato salad, corn and Dilly Bars. Garry Riddle the fun guitar picking dancer is entertaining. RSVP IS VERY IMPORTANT! Last day to RSVP is Friday June 26th. If you RSVP'd and can no longer make it, PLEASE call the center at 618.667.2022 and let us know! Many Thanks

 Our next Day Trip is to The Grizzly Ball Park on July 9th. This trip is currently full.

 DRUMMERS HEADS UP! NO DRUM FUN on the 24th or 31st, otherwise, Drum Fun continues every Friday at 9 AM. Throughout the summer, Drum Fun will be held at Edwardsville Sportsman's Club. The address is #1 Sportsman's Lane. Troy. Yes, it is a Troy address! Lisa Edwards will lead the group as always! Thank you Lisa for finding us a home for the summer! Free to participate. No talent needed! 😊

 Shoot the Breeze continues on Monday's at 11:30 at Wiesemeyer. Shoot the Breeze is just that, a time to get together and chat! You are welcome to bring a sack lunch, and catch up with friends. We have also added a Swap Table! Bring gently used, clothing, household goods, decorations etc. to donate to anyone who wants it. Take something, leave something! Of note: YOU MUST TAKE ANYTHING THAT IS NOT TAKEN BACK HOME WITH YOU!

 We play Hand and Foot the second and third Thursdays of the month. In July we'll play on the 9th and the 16th from 12:45 – 3:30 pm at the office building. No experience needed! Free to play. Come one come all!

 Our Sit n Get Fit Class meets every Wednesday at 10 AM at the Wiesemeyer building. This class improves strength and flexibility, all in a fun inviting setting! We even exercise to the Beer Barrel Polka! Bring a friend for this seated exercise class! Weights, exercise bands and water are provided. THIS CLASS IS FREE! No RSVP required.

 Pokeno is Wed. the 15th at 12:30 at Wiesemeyer. We'll serve a light snack, and there is no cost to play. No RSVP required. You do not need to know how to play. Cambridge House of Maryville has agreed to provide snacks for the all of 2026! THANK YOU TO ANGIE!

 Food and Friends is July 29th at 4 PM. Location will be voted on at the June dinner. All separate checks, and everyone drives to the restaurant. It's a fun time to relax and enjoy and good meal with friends. RSVP is a must! Call the center at 618.667.2022 to RSVP.

 BUNCO is played the last Thursday of the month at Wiesemeyer, our next game is July 30th at 1 PM. We are looking for additional subs! Please call the center to get on the waiting or sub list. 618.667.2022

 Our Alzheimer's Support group meets on the first and fourth Wednesday's of the each month at the office at 409 Collinsville Rd. in the Tri-Township Park. We'll meet on the 1st and 22nd of July. No charge to attend. If you or some one you know could use some extra support living with this disease, join us! The best support often comes from others dealing with the same issues.

Overnight Trips 2026

September 20- 26 - Garden of the Gods, Royal Gorge, Colorado Springs. This trip is currently full. Please call the center to get on the waiting list.

Day Trips 2026

Thank you to those who serve on our Day Trip Committee. We have a great line up of day trips planned for 2026. Details will follow as the time gets closer. Details are subject to change as the year goes on.

You may take a number as soon as 9 am on the first date of ticket sales for any day trip. NO EARLY SALES. Two tickets per person max.

October 7th – Stages St. Louis, “Come from Away”. Tickets go on sale July 20th 10 am. A true story of the 7000 airline passengers stranded in Gander, Newfoundland after the 9/11 attacks, and the small town that welcomed them.

December –Powell Hall – Mercy Holiday Celebration

If you have suggestions for Live and Learns, new entertainment, or day trip ideas, please let me know! As always, my hours are generally Mon. Wed. Thurs. from 9 am till 2 pm. Please know, if I am in the office, my door is always open! If not at the office you can always leave a message at 618.667.2022 and I will get back with you as quick as I can!

Wanda Todoroff

Activity Director 618.667.2022

